



Center for Human Development
PARENT EDUCATOR PROGRAM
HELPING KIDS STAY HEALTHY AND SAFE

WHAT IS THE PARENT EDUCATOR PROGRAM (PEP)?

The Parent Educator Program, a project of the Center for Human Development, trains community volunteers to present health promotion curriculum to elementary students in grades K-6. The project, based on the TRIBES process, is designed to reduce risk factors for adolescent drug use and promote resiliency in children. The program has an explicit “no use” message for children.

WHY PARENT EDUCATORS?

Parent Educators act as positive role models! Research shows that “...it is more effective for well-trained parents to teach drug education curricula in kindergarten through grade six. . . than it is for teachers or outside authorities to do so.” (Not Schools Alone, California Department of Education).

WHO CAN VOLUNTEER?

Previous teaching experience is not a requirement. Volunteers should have a good rapport with children and a commitment to alcohol, tobacco, and other drug prevention. Many volunteers are employed and use release time from work to volunteer for PEP teaching.

HOW DOES IT WORK?

Volunteers are trained in a process which enables them to co-facilitate an interactive curriculum that promotes responsible decision making, resistance skills, self-esteem, and positive peer interaction among students.

WHAT DOES THE TRAINING INVOLVE?

The 21-hour training is conducted by certified trainers. The course focuses on basic alcohol, tobacco, and other drug facts, communication skills, group development, effective teaching strategies, and classroom management. The experientially-based sessions are facilitated using the same process that PEP parent volunteers will use with the students in the classroom.

WHAT IS THE NECESSARY SCHOOL/COMMUNITY COMMITMENT?

Identify funding sources such as PTC/PTAs, Site Council funds, Local Businesses

Teachers/administrators must be willing to have facilitators teach at least 6 PEP lessons, 45 minutes to an hour in length depending on the grade level.

The sponsoring group must select at least one coordinator to serve as a liaison between the Parent Educators and the school. Coordinators will receive an implementation manual, training and continued support from PEP staff at CHD.

All participants must attend the entire training program to be certified to deliver the program in the classroom and work directly with the students. CHD also offers paid facilitators to implement the program at your school site for a fee.

FOR MORE INFORMATION CONTACT:

Terri Biondi – PEP Program Coordinator (925) 349-7340, terrib@chd-prevention.org